



Menopause and Hormone Replacement Therapy Audioconference

Wednesday June 23rd 8pm to 10pm

Presented by Dr Beverley-Anne Lawton, FRNZCGP

**What is HRT? What are the risks & benefits for cancer and other conditions?
Do alternative therapies work? Are hot flashes normal? How long do symptoms last?**

Dr Bev Lawton is Director and clinician of the Wellington Menopause Clinic and Senior Research Fellow in Women's Health at the Wellington School of Medicine. Her areas of research interest include women's health with specific focus on sexual & reproductive health, mid-life health & menopause, diabetes & heart disease risk. Dr Lawton was made an Officer of the New Zealand Order of Merit in 2004 for her services to Women's Health.



Dr Lawton's other roles include:

- President of the Australasian Menopause Society,
- Member of the NZ Cancer Control Council,
- Chair of NZ Diabetes Research Strategy Committee,
- Author of the e-book www.menopausetoday.com,
- Member of the NZ Guidelines Committee on HRT,
- Member of the 'Women's International Study of Long Duration Oestrogen' (WISDOM) – writing committee and past member of international working committee,
- Advisory trustee for Women's Health Research New Zealand: 2005 (a charitable group formed under the umbrella of the University of Otago Trust - Patron Dame Silvia Cartwright).

This audioconference has been specifically developed to provide you with the following potential learning:

- An overview on menopause and the natural history.
- The management of menopausal symptoms including medical, psychological, non-drug therapy.
- An update on the use of HRT and the risk of cancer (endometrial, ovarian, breast, colorectal).
- An update on the risks & benefits of HRT with respect to osteoporosis, cardiovascular disease, stroke and venous thromboembolism.
- Information on who should take HRT and how long they should take it for.
- When and how to initiate AND withdraw HRT.
- How treatment individualisation is approached.

Take part in this audioconference and be better prepared to discuss with *your* patients menopausal-symptom management and the risks & benefits of using HRT.

All those enrolling will receive a booklet of selected articles and readings providing background information and useful references on menopause and hormone replacement therapy, including a copy of the current NZ Guidelines.

**All PSNZ and NZCP Members submitting the associated assessment material will earn 5 College CE Credits
AND receive a suggested ENHANCE CPD template for your portfolio.**

