

PROGRAMME

SATURDAY August 30th 2008

9:00am PROFESSOR ROD JACKSON:

CV Risk – What is it –What do we need to do

Rod is a clinical epidemiologist, and an international expert in cardiovascular risk. In particular he is the developer of the Cardiovascular Risk tables that we, and other countries, use. He is going to discuss the concept that, "There is no such thing as Type 2 diabetes". He will also provide an update on cardiovascular risks and his work on generating specific cardiovascular risk calculations for the New Zealand population – and when pharmacological treatments should be started – a controversial area.

10:30am Morning Tea

10:45am Dr RAINA ELLEY:

PHO "Get Checked" programme

Raina is a general practitioner and a prolific researcher in the Department of General Practice and Primary Health Care at the University of Auckland. One of her research projects has been to use the Diabetes Get ✓ Checked data and develop the relative risk factors for people with type 2 diabetes, similar to the cardiovascular risk assessment.

11:30am Dr PAUL DRURY:

Update on Diabetes Clinical Management

Paul is a renowned diabetologist, working in Auckland. He will be providing an update on the management of type 2 diabetes, and also discussing the impact of the ACCORD and the ADVANCE studies. These studies have generated considerable discussion as they suggest that there is no cardiovascular benefit in reducing HbA1c to less than 7%.

1:00pm Lunch

1:30pm CASE STUDIES:

Cardiovascular Risk, Lipids, Blood Glucose, Blood Pressure

Interactive session where participants work together to explore clinical case studies and consolidate the learning from the morning sessions, by applying cardiovascular risk knowledge to cases.

3:30pm Afternoon Tea

3:45pm Dr CHRIS CAMERON:

Case Study Discussion

Chris is a general physician, and is undertaking advanced training as a Clinical Pharmacologist, and currently works in cardiology at Wellington Hospital. She has a wide range of experience, but in this session will bring a combination of clinical pharmacology and cardiology to provide input on the case studies, plus give a summary of the management of cardiovascular risks.

5:30pm Day's End

SUNDAY August 31st 2008

9:00am Dr ANNE THEA MCGILL:

Managing Lifestyle Changes (CV Focus)

Anne Thea McGill is a general practitioner and a PhD student in the Department of General Practice and Primary Health Care at the University of Auckland. She is also the principal senior lecturer in a postgraduate certificate on Primary Health Lifestyle Management. This is a crucial area of learning for pharmacists who provide clinical pharmacy services to people with cardiovascular disease, and also for those pharmacists who wish to increase their activity in public health pharmacy services

10:00am MARY ROBERTS:

Health Literacy - Explaining Conditions to patients - Language

Mary is a community pharmacist who has undertaken her Masters in Sociology. This is a wonderful mix of qualifications and means that Mary is an excellent resource for understanding people and their understanding of what we say. Without understanding the health literacy of our patients, we are at a disadvantage when trying to communicate health information. Without understandable and useful health information, people can 'fall through the gaps'.

10:45am Morning Tea

11:00am PETER HUGGARD:

Coping with Death – Relationship Building – Compassion Fatigue

Peter is undertaking his doctorate in the topic of Compassion fatigue / burn-out. He has a varied background in laboratory technology and is a qualified counsellor. His presentation will look at building relationships, but also at the problems we may have with burn-out, and looking after ourselves so we can look after others.

12:00pm Dr FIONA MOIR:

Getting the message across – Techniques

Fiona is a general practitioner and is likely familiar to many pharmacists through her communications sessions at the MUR training days. In this session Fiona will be looking at issues related to communication with prescribers. We often have very reasonable recommendations, but these reduce in value if we can not get the message across effectively.

1:00pm Lunch

1:30pm ACC:

Medicines-related Injury and the role of Warfarin

Medicines can not only provide benefits to patients, but also harm and warfarin is considered one of the top causes of drug-related morbidity and mortality. This session will provide an update of medicines as a cause of injury to patients, ACC's role in medicines related injuries and using the inherent issues with warfarin, to illustrate this and how pharmacists can help.

2:15pm FEEDBACK TO PRESCRIBERS AND PATIENTS

An interactive session for developing techniques on providing feedback to prescribers and patients..

4:00pm Meeting Close

The College of Pharmacists would like to acknowledge the generous support of our Education Partners:



OMRO 11 SYMPOSIUM ENROLMENT FORM

Venue: Ellerslie Event Centre, 80 - 100 Ascot Avenue, Greenlane, Auckland.
Saturday August 30th and Sunday August 31st 2008 (Free parking available)

Name: Mr / Miss / Mrs / Ms / Dr _____

Postal Address: _____

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EDUCATION PARTNERS:



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AUGUST 2008	Programme (subject to change)	Dates attending Tick Choice
Full 2 days	All sessions	
Saturday 30 th	Cardiovascular risk / Diabetes CV risk factors	
Sunday 31 st	Changing lifestyles, explaining health, clinical/patient feedback etc	
ME 16 Module	Clinical Module (distance learning pack)	

FEE STRUCTURE

	Per day	Both days	Clinical Module	TOTAL
NZCP / NZHPA member	\$240.00	\$425.00	+ \$90	
Non-member	\$295.00	\$525.00	+ \$110	
TOTAL (inc gst)				

PAYMENT DETAILS

I have paid by online banking/direct credit. Date paid: _____

Account details: **01-0509-0101250-00** - NZ College Of Pharmacists Inc.

(Please use your PSNZ or Council Membership No AND "OMRO2008" as reference codes)

I enclose cheque / MasterCard / Visa (please circle)

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PAYMENT OF FEES (including GST): Any required pre-reading will only be forwarded after full payment has been received. Please refer to notes regarding assessment requirements.

Return Form to: "OMRO", NZ College of Pharmacists, PO Box 11-640, Manners Street, Wellington. 6142
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